

Valle-Shota

(Kosovo, Serbia)

Valle is the Albanian word corresponding to the Serbian kolo or the Macedonian oro. Shota is another popular name for this particular dance. This dance belongs to the Pravo family of dances. I've based it on variations learned from ethnic Albanians in the former Yugoslavia, Germany, and the Midwest. Also, I've learned variations from Janet Reineck.

Pronunciation: VAHL-leh SHOH-tah

Cassette: Steve's Stockton '97, The Big 50

2/4 meter

Formation: Open circle, leader at R, hands in W-pos.

Meas

Pattern

BASIC I

- 1 Facing slightly R of ctr, step fwd on R in LOD (ct 1); step fwd on L in LOD (ct 2).
- 2 Turning to face ctr, step on R to R (ct 1); touch ball of L ft slightly fwd (ct 2).
- 3 Step on L in place (ct 1); touch ball of R ft slightly fwd (ct 2).

BASIC II

- 1 Facing ctr, step on R to R (ct 1); step on L across behind R (ct 2).
- 2 Step on R to R (ct 1); touch L beside R (ct 2).
- 3 Step fwd on L twd ctr (ct 1); touch R beside L (ct 2).

CHICAGO VARIATION

Musical texture changes: it becomes more abrupt, more staccato. On ct & before ct 1, transfer wt onto ball of R ft.

- 1 Immediately land on L (knees slightly bent) in front of R (ct 1) (this is a ker-PLUNK syncopated step on cts &, 1); repeat cts &, 1 (cts &, 2).
- 2 Step on R to R (ct 1); step or rock onto ball of L ft behind R (ct 2); step on R in place (ct &).
- 3 Repeat meas 2 with opp ftwk.

Leader changes variations at will.

Presented by Steven Kotansky